



Meridian Food & Nutrition Services

Academy-Charter Breakfast Menu

Monday

Oatmeal w/milk
 Cold Cereal w/milk
 Bagel w/cream cheese
 Yogurt/Breakfast Round*
 Breakfast Pizza
 Fresh Fruit & Juice
 Choice of Milk

Tuesday

Oatmeal w/milk
 Cold Cereal w/milk
 Bagel w/cream cheese
 Yogurt/Breakfast Round*
 Pup on Stick
 Fresh Fruit & Juice
 Choice of Milk

Wednesday

Oatmeal w/milk
 Cold Cereal w/milk
 Bagel w/cream cheese
 Yogurt/Breakfast Round*
 Breakfast Burrito
 Fresh Fruit & Juice
 Choice of Milk

Thursday

Oatmeal w/milk
 Cold Cereal w/milk
 Bagel w/cream cheese
 Yogurt/Breakfast Round*
 Egg & Cheese Muffin
 Fresh Fruit & Juice
 Choice of Milk

Friday

Oatmeal w/milk
 Cold Cereal w/milk
 Bagel w/cream cheese
 Yogurt/Breakfast Round*
 French Toast w/sausage
 Fresh Fruit & Juice
 Choice of Milk

Middle & High Breakfast Menu

Monday

Oatmeal w/milk
 Cold Cereal w/milk
 Bagel w/cream cheese
 Cinnamon Roll
 Breakfast Pizza
 Fresh Fruit & Juice
 Choice of Milk

Tuesday

Oatmeal w/milk
 Cold Cereal w/milk
 Bagel w/cream cheese
 Cinnamon Roll
 Pup on Stick
 Fresh Fruit & Juice
 Choice of Milk

Wednesday

Oatmeal w/milk
 Cold Cereal w/milk
 Bagel w/cream cheese
 Cinnamon Roll
 Breakfast Burrito
 Fresh Fruit & Juice
 Choice of Milk

Thursday

Oatmeal w/milk
 Cold Cereal w/milk
 Bagel w/cream cheese
 Cinnamon Roll
 Egg Cheese Muffin
 Fresh Fruit & Juice
 Choice of Milk



Friday

Oatmeal w/milk
 Cold Cereal w/milk
 Bagel w/cream cheese
 Cinnamon Roll
 French Toast w/sausage
 Fresh Fruit & Juice
 Choice of Milk

Smoothie
Breakfast Round*
Milk

Smoothie
Breakfast Round*
Milk

Smoothie
Breakfast Round*
Milk

Smoothie
Breakfast Round*
Milk

Smoothie
Breakfast Round*
Milk

* MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCTS.
 USDA is an equal opportunity provider and employer.

* Menu item is produced in a factory that contains peanuts and tree nuts.

Effective: September 2011